

BALCARRAS AUTUMN PHYSICAL EDUCATION EXTRA-CURRICULAR 2022

	Before School	Lunch Time 1.20-2pm BOYS	Lunch Time 1.20-2pm GIRLS	After School BOYS	After School GIRLS
Mon	Year 7 Badminton Club (RD)	Year 10+11 Rugby (MAH, JAW)	Year 10+11 Fitness Suite Year 10+11 Hockey (AXT, ILO)	Year 7 Rugby (MAH, JAW, PRA) Year 9 Basketball (ILO)	
Tues	Year 8 Badminton Club (RD)	Years 7 Rugby (MAH, JAW) Year 10 + 11 Basketball (PRA) Year 9 Table Tennis Club (DA) Year 10+11 Fitness Suite	Year 10+11 Hockey (SE, HMD) Year 9 Table Tennis Club (DA) Year 7 Hockey (AXT, HMD)	FIXTURES	FIXTURES
Wed	Year 9 Badminton Club (RD)	Cross Country Club (SMC) Year 10+11 Fitness Suite Year 9 Basketball (ILO)	Cross Country Club (SMC) Year 8 Hockey (SCW, HMD) Year 10+11 Fitness Suite	PRACTICE NIGHT Years 8-13 Rugby First XV Fixtures	FIXTURES
Thurs	Year 10 Badminton Club (RD)	Year 10 + 11 Basketball (PRA) Year 8+9 Rugby (MAH, JAW)	Year 9 Hockey (HMD, AXT)	FIXTURES	FIXTURES
Fri	Year 11 Badminton Club (RD)	Strength and Conditioning Session (ILO)	Strength and Conditioning Session (ILO) Year 10+11 B Team Hockey (LM)		

