

The Wellbeing Hub Webinar Lineup - Summer Term -

<u> May - Neurodiversity</u>

Wednesday 11th, 6:30pm



Throughout May, we will be focusing on young people and neurodiversity. We have invited Colin Foley, the National Director of Training for The ADHD Foundation, to talk about neurodiversity & social anxiety in young people. The ADHD Foundation is the largest ADHD charity in Europe. After twenty-five years as a secondary teacher and senior leader, Cólin's work for the ADHD Foundation is grounded in empowering teachers to deliver outstanding outcomes for children and young people with ADHD through increased awareness of the condition and through practical classroom strategies that every teacher can use at all key stages. Take time to understand Neurodiversity and the impact it can have on a young person's social and emotional development so you are better equipped to support your child.

Members of The Wellbeing Hub register via the <u>'Webinars' page</u>. Non-Wellbeing Hub members register <u>here</u>. <u>Pricing: free for Wellbeing Hub members</u>, £7.99 for non-Wellbeing Hub members

June - Drugs & County Lines Wednesday 15th, 6:30pm



Throughout June, we will be focusing on drugs and county lines. We have invited Fiona Spargo-Mabbs, founder and director of the Daniel Spargo-Mabbs Foundation, a drug and alcohol education charity that aims to support young people to make safe choices and reduce drugrelated harm. Fiona founded the charity in 2014 in response to the death of her sixteen-year-old son Dan taking ecstasy. Fiona will be talking about young people, drugs, and decisions, with advice for parents on having conversations at home to help their children make safe choices about drugs.

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Please note, these webinars are in addition to both the weekly Q&A sessions run by our in-house experts every Tuesday at 6:00pm, and the weekly resources.

<u>July - Sex & Relationships</u>

Wednesday 6th, 6:30pm



In July, we are covering sex & relationships. We've invited Amy Forbes-Robertson, an experienced speaker on sex and relationships, and the director of It Happens Education, an organisation joining the dots between school, home, and young people, to talk about positive and protective RSHE at home, and the challenges of living in a digital world, specifically explicit online content and image sharing.

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All webinars are available on The Wellbeing Hub for two weeks after the live event.