

Subject	Year	Term	
Psychology	12	2	

#### **Topic**

# Clinical psychology (Unit 1 – Introductory topics in psychology)

## Content (Intent)

#### **Prior Learning (Topic)**

Clinical psychology builds on the knowledge acquired through the study of Approaches. In this unit students will apply three of the main approaches to the explanation and treatment of three psychological conditions – phobia, OCD and depression.

- Phobia behaviourism (classical/operant conditioning, systematic desensitisation)
- OCD bio (genetics, neurochemistry, neuro-structure, drug treatments)
- Depression cognitive (schema, biased thinking, CBT)

### **Future Learning (Topic)**

- Research methods evaluating studies will further consolidate/add context for the study of research methods.
- Schizophrenia concepts of diagnosis, explanation, and treatment.

How will knowledge and skills be taught?	How will your understanding be assessed &		
(Implementation)	recorded (Impact)		
This topic will involve a large array of pedagogy and include, but not limited to:	Exam style questions/essays marked against the exam criteria with written and verbal feedback.		
<ul> <li>Teacher led lesson content</li> <li>Group and independent quizzes/activities</li> <li>Analysis of patient case study</li> <li>Independent research</li> <li>Seminar style discussions</li> </ul>	Homework - Marked and feedback given. Verbal responses. Individual and class feedback		

## How can parents help at home?

Discussing the ideas and content at home, especially focusing on incorporating the key psychological vocabulary into conversations. Watch and discuss the videos on this section for this topic on the VLE. Encourage students to revise and consolidate their lesson notes regularly and engage in disciplinary reading (see reading list below).

## Helpful further reading/discussion

## Reading

- Course texts (Illuminate/oxford

   available in department or
   online via VLE link)
- Psychology review magazine lots of relevant content in articles also exam tips. Link on VLE.
- BPS digest free subscription will get recent and interesting research direct to your inbox.
- 4. Academic journal articles available on VLE.

#### **Vocabulary Lists**

Full vocabulary list distributed during lessons, some examples follow:

- Operant/classical conditioning
- Systematic desensitisation
- Flooding
- Candidate gene
- SERT gene
- Polygenic
- Orbitofrontal cortex
- Serotonin
- Negative schema

#### **Careers Links**

- HE potential psychology degree candidates
- Clinical/educational psychology
- Psychotherapy/counselling
- Teaching
- Sports coaching
- Business/marketing/PR
- Human resources

Black and white thinking	
• CBT	
• REBT	