

Subject	Year	Term	
Health and social care	12	5-6	
Topic			
FO93 Supporting people with mental health conditions (NEA)			
Content (Intent)			
Prior Learning (Topic)			
FO93 is an internally assessed NEA unit that comprises of four main topic areas: • Topic Area 1 Definitions and views of mental health • Topic Area 2 Mental health conditions • Topic Area 3 Provision of mental health services • Topic Area 4 Treatment and support for mental health conditions FO93 has synoptic links to the exam unit taught earlier in the year (F090). See table below for details.			
Unit F093: Supporting people with mental health conditions		Unit F090: Principles of health and social care	
Topic Area		Topic Area	
1	Definitions and views of mental health	1	Equality, diversity, and rights in health and social care settings
3	Provision of mental health services	3	Legislation in health and social care settings
4		Best practice in health and social care settings	
4	Treatment and support for mental health conditions	1	Equality, diversity, and rights in health and social care settings
4		Best practice in health and social care settings	
Future Learning (Topic)			
In this unit you will learn about how individuals with mental health conditions can be cared for and supported in a way which is suitable for their needs. You will do this through exploring the meaning of mental health and mental health needs, and considering the main types of mental health conditions and how these may affect the life of individuals. You will explore the different ways that individuals may be supported to promote their mental wellbeing, manage their condition, and different forms of treatment and support that may be available.			
How will knowledge and skills be taught? (Implementation)		How will your understanding be assessed & recorded (Impact)	
This topic will involve a large array of pedagogy and include, but not limited to: • Teacher led lesson content • Group and independent quizzes/activities • Independent research • Seminar style discussions		• Practice assessment style work • Homework tasks • Group feedback on exemplar responses to assignment tasks • Verbal responses. • Individual and class feedback	

How can parents help at home?

Parents can help at home by supporting their child to meet their deadlines and ensure all work is completed to a high standard. They could also help by questioning their child about pertinent issues relevant to health and social care in the news and encouraging them to use subject specific vocabulary.

Helpful further reading/discussion

Reading

1. NHS website
2. Elder website
3. MIND website
4. MENCAP website
5. Age UK website
6. British Institute of Learning disabilities website
7. Gov.co.uk
8. Cambridge Technicals Level 3 – Health and Social care. Peteiro, F. et al (2016)
9. Cambridge Technicals level 3 Health and Social Care. Adams, J. (2018)

Vocabulary Lists

Some examples of relevant terminology follow:

WHO
NHS
MIND
Stigma
Stereotype
Media
Self-referral
Third party-referral
Professional referral

Careers Links

This unit would have links to a huge variety of careers linked to health and social care. For example:

- Nursing
- Medicine
- Teaching
- Childcare
- Midwifery
- Paramedics
- Social work
- Management within an organisation like the NHS