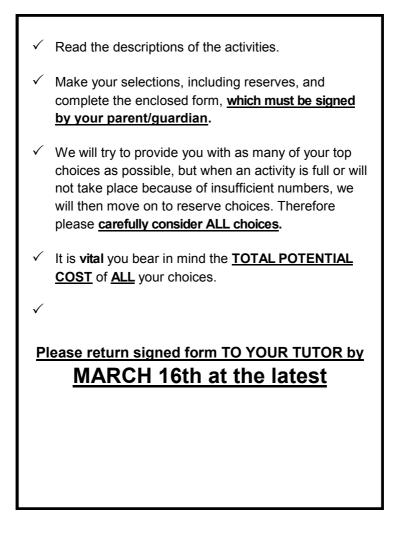


Activities Week 2018 9th to 13th July

Please take time to carefully read through this booklet and consider all aspects of choices, including suitability and costs. Should you have any queries at all, or would like more information about a particular activity, please email Ms Massey Ijm@balcarras.gloucs.sch.uk.

FORMS MUST BE RETURNED BY THURSDAY 16TH MARCH



Please remember to make a note in your planner of all your choices and

reserves -





INTRODUCTION

(Please also refer to covering letter and choices form distributed with this booklet)

Dear Parent/Guardian

This booklet is to explain the booking procedure and options available for Balcarras School's 2018 **Activities Week** which takes place 9th-13th July.

The activities from which pupils may choose on their <u>three non-curriculum Activity</u> <u>days</u> vary from school-based activities and workshops to day excursions. This booklet gives details of the choices available. Pupils <u>must select a total of three</u> <u>activities, and indicate their reserves very clearly.</u>

This booklet gives an overview of activities available, but please remember that the **viability of under-subscribed activities will be assessed**. The **cost** of activities is based on numbers involved and therefore at this stage we are only able to give **estimated** costs. Group bookings and transport costs affect final figures.

Places on over-subscribed activities are **allocated as fairly as possible** and not on a 'first come first served basis'. However, forms **must be returned by the required date** to be included in the initial allocation of places.

Please take time to carefully read through the list of activities and discuss choices and reserve choices with your son/daughter. It is vital that you bear in mind the TOTAL POTENTIAL COST.

Indication of choices <u>and reserves</u> is a <u>commitment</u> by both pupil and parent/ guardian, and therefore all aspects, including cost, of chosen activities must be carefully considered. Please do not send any money at this stage - an invoice will be sent when places have been allocated.

Should you have any queries, please do not hesitate to contact Ms Massey, Activities Week Coordinator Ijm@balcarras.gloucs.sch.uk Telephone: direct line: 01242545114

OUT OF SCHOOL ACTIVITIES

FORMULA 1 GO KARTING & LASEROUEST

All under one roof!! Experience the adrenalin of Go karting, then indoor Laserguest....this day includes lunch!! So much excitement under one roof!! Birmingham based. Coach journey.

ALTON TOWERS ***WEDNESDAY ONLY ***

What is there to say! The spills, the thrills, the rides, the excitement that is ALTON TOWERS!! Will Smiler make you smile? Nemesis, Blade, Rita, Oblivion.....Have the time of your life on rides that are out of this world! Not to mention the new ride...THE WICKER MAN. Early start...late finish please note times: 8.00 depart, leave when park closes.

LONDON THEATRE : PRE BOOKED SOLD OUT

LION KING AND SCHOOL OF ROCK.

WHITE WATER RAFTING/HIGH ROPES CARDIFF **THURS & FRI ONLY **

Descend the rapids and experience the thrills and spills of the enjoyable, fun filled white water course! Then: experience Air Trail! Cross the high ropes steel and timber terrain towering above the white water course. A must for thrill seekers.

THURS & FRI ONLY

DRAYTON MANOR THEME PARK

There is lots to see and do!! One minute you could be on one of our exciting thrill rides experiencing twists, turns, drops and loops! Then the next minute you could be enjoying a stroll through our 15 acre Zoo, home to species from all across the world! And much, much more!

PAINTBALLING DELTA FORCE BRISTOL

Delta Force Bristol: Imagine yourself and your squad, deep within enemy territory surrounded by dense woodland. Cost includes four games with 300 paintballs per game, and lunch is provided, In the form of pizza. Vegetarians need to state this when filling in the forms please.

TAMWORTH SNOWDOME **THURS/FRI ONLY **

Skiing, swimming and ice skating all under one roof!! So get your skates on, and book this activity for an adrenalin based activity. Remember £1 for lockers!

LOCKED IN A ROOM BRISTOL- THEN SHOPPING AT CABOT CIRCUS

Themed escape rooms; battle your wits against other teams in a race to win! This is the UK's ultimate escape experience! Then a short walk to Cabot Circus for shopping. Please note: this trip leaves at 10.00 am. Will return around 6.00.

TRAMPOLINE & LIDO SWIM & PICNIC

Transport will be provided to take you to Airborne, have an hours trampoline session, then off to the Lido for your picnic lunch and an afternoon swim.

VUE CINEMA & ORACLE CENTRE SHOPPING (READING)

Watch a latest film release, and time for shopping at the Oracle Centre in Reading.

(£41)

(£25)

(£31)

(£21)

(£37)

(£41)

(£41)

(£30)

(£41)

OUT OF SCHOOL ACTIVITIES (CONTINUED)

WEST MIDLANDS SAFARI PARK

A pleasant drive through the safari park, time for lunch, and plenty of time to enjoy the thrill rides afterwards. A must for animal lovers

PADDLEBOARDING AND PICNIC

Test your skills at Paddleboarding on the River Wye. Approximately four hours water based, then picnic before returning to school. Packed lunch will be required. You do not need a wet suit, but you do need comfortable clothing that you don't mind getting wet, and a change of dry, a towel, sensible shoes, and no iewellery permitted. Sun cream and packed lunch.

CANOEING ON THE RIVER WYE

If its excitement on the water you want, then look no further than hiring a canoe and sailing down the River Wye in a two man canoe. For 7.5 miles you will be on the open river, taking in the views, and experiencing an amazing time. Sensible clothing, footwear etc., and sun cream required, plus packed lunch.

MOUNTAIN BIKING/FOREST OF DEAN

Why not try your hand at mountain biking in the Forest of Dean. Spend a long eventful morning on one of the many cycle tracks, going up hill and down dale. Trying your hand at stunts, followed by a picnic and a leisurely walk until its time to travel home. This includes cost of hiring the mountain bike, trail maps etc.

BATTLESPORTS GLOUCESTER

Each player will be armed with a startlingly accurate infra red laser tag system. Then two teams will compete against each other through a series of thrilling games. Followed by a game of crazy golf all on the one site!

PAINT YOUR OWN POTTERY/MEAL AT NANDOS

Make and paint your own pottery in Cheltenham. See your project go from clay to vessel. You get to paint and decorate this in any theme of your choice. This will be a walk into town. Half day at the Pottery Place, then picnic in the park and leisurely walk back.

A DAY AT THE BEACH AND PIER AT WESTON SUPER MARE. UNLIMITED RIDES AT THE PIER INCLUDED. (£20)

Feel the sand between your toes, enjoy a donkey ride (not included in price), then enjoy unlimited rides on the Grand Pier at Weston Super Mare.

SYMONDS YAT : ABSEILING, ROCK CLIMBING , ARCHERY, PROBLEM SOLVING (£30)

A whole days adventure abseiling, rock climbing, archery, and problem solving. Limited numbers. Friday only.

A FULL DAY OF PROFESSINAL GOLFING

Have an amazing experience within the golfing world. Tee off for this enjoyable day!

(£31)

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(£33)

(£31)

(£29)

(£22)

(£18)

(£27)

SCHOOL BASED ACTIVITIES

ARCHERY (4HR SESSION)

Brush up on existing skills, or have a go at a new sport. This is with gualified instructors. This is for four hours, and then split between other 'free' sports during the day.

BADMINTON/TABLE TENNIS ***FREE***

All change! Carousel day of fun Badminton, Table Tennis etc.

BADMINTON/TABLE TENNIS ***FREE***

All change! Carousel day of fun Badminton, Table Tennis, and Volleyball.

PROFESSIONAL FOOTBALL COACHING

Football coach from a local football club will be on site for professional football training. Then the sports carousel as above.

FRUIT PICKING & BAKING

Drive to a local farm, pick fruit, come back and bake/make seasonal products. Limited numbers.

MAKE YOUR OWN SOAP/BATH BOMBS/BATH SALTS WITH THE POSSIBLE ADDITION IF TIME TO MAKE YOUR OWN HAIR ACCESSORIES OR JEWELLERY (£12)

Spend the day making soaps, bath salts, bath bombs and take home wonderful souvenir (s).

DANCE WORKSHOP

Dance the day away with qualified instructor. Street Jazz and Theatre Dance. Mini-performance in the afternoon. All welcome.

ROBOT OLYMPICS

Build a soccer robot and take part in a robot football league, then construct a gorilla robot to race your competitors along a high wire!

ROCKET FACTORY

Design, develop and test an air powered rocket before combining your ideas to produce a solid fuel rocket capable of reaching a height of 300m before parachuting back to Earth!

LOCAL ROAD CYCLING **FREE**

You need to bring your own SAFE road bike and helmet!! You will be taken on a local bike ride during the day stopping hopefully for ice cream and a picnic. You must be fit enough to cycle for the best part of the day but resting in between and have a roadworthy bike.

DOG WALKING & GROOMING **FREE**

A chance to hike the Cotswold countryside with a dog. Arrive at school for 9am with your walking boots. We'll go for a long walk up in the hills with some dogs that belong to members of staff, stopping for a picnic at lunchtime. There will be plenty of opportunity to stroke and cuddle the dogs and maybe a bit of fetch - if the doos will play ball! After lunch, we'll walk back down the hills and hose the dogs off if they're muddy. finish around 3pm. A great chance to learn more about the countryside and taking care of mans best friend, YOUR OWN DOGS ARE NOT ALLOWED.

HEALTH FARM

This will be a fun day of health and beauty! Skincare, dance, nail art and much more. Relax whilst reading health magazines. Well someone has to do it!! PLUS GIFT BAG AT END OF DAY!!

Continued:

(£16)

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(£12)

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